



Compass Rose
Health Plan

myCompass: How to View Claims and EOBs

Standard and High Option Members

Step 1:

Sign into your account at member.compassrosebenefits.com.



Compass Rose
Health Plan

[Compass Rose Homepage](#)

myCompass Member Login

Sign in to myCompass →

Need to Register? [Create HealthSafe ID](#) →

News & Announcements



Step 2:

On your myCompass dashboard, click **Go to UMR**. You'll also see a preview of your most recent claims in the **Recent Medical Claims** section.

Home

Find Care ▾

Coverage & Benefits ▾

Health & Wellness ▾

Tools & Resources ▾

Sign Out ➞

Welcome, Rosie!

Recent Medical Claims

[View All Medical Claims](#) ↗

Dr. Doctor
Rosie Compass
9/16/2025
Claim #29204859
You may owe: \$0.00

Dr. Doctor
Rosie Compass
7/18/2025
Claim #29103850
You may owe: \$0.00

Dr. Doctor
Rosie Compass
3/4/2025
Claim #29100032
You may owe: \$0.00

Recent Rx Claims

[View All Rx Claims](#) ↗

Dr. Doctor
Rosie Compass
9/20/2025
Claim #29204859
You may owe: \$35.00

Dr. Doctor
Rosie Compass
8/19/2025
Claim #29103850
You may owe: \$35.00

Dr. Doctor
Rosie Compass
7/20/2025
Claim #29100032
You may owe: \$35.00

In-Network Calendar Year Spending

Messages

My Account ▾

[View My ID Card](#) ↗

UMR
View claims and EOBs, estimate your costs for care and more.
[Go to UMR](#) ↗

Optum Rx
Order prescriptions, price a medication, locate a pharmacy and more.
[Go to Optum Rx](#) ↗

My Health
Keep your health record up to date.
[View and Update](#) ➞



Step 3:

There are two ways to access your claims & EOBs. Click **View all medical claims** under **Recent claim activity** on your dashboard **OR** open the **Claims** dropdown in the main menu and select **Medical claims**.

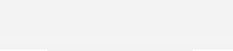
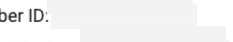


HomeRewardsID cardThings to doMessage centerSelect language ▾

My account ▾

Claims ▾Coverage and benefits ▾Find costs and care ▾Health center ▾Pharmacy ▾

See how we're reimagining umr.com! [Watch demo video](#) or [view FAQs](#) to learn more.

Hi, 
Member ID: 
Group Number: 
 Medical  Dental

Your things to do


You're all caught up!

[View all things to do >](#)

Benefits usage ⓘ

In network medical benefits:

Individual deductible \$0.00 spent  \$350.00 Max	Family deductible \$0.00 spent  \$700.00 Max
Individual integrated out-of-pocket \$0.00 spent  \$5,000.00 Max	Family integrated out-of-pocket \$0.00 spent  \$9,000.00 Max
Individual annual maximum This does not apply to your plan	Individual lifetime maximum This does not apply to your plan

[View additional plan details >](#)

Recent claim activity

 Medical


No claims

[View all medical claims >](#)

Feedback



Step 4:

You can change the person, status and time period to filter your search. Select all if you are unsure. Then click **Apply**.



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Claims

On this site you may view your claims that have already been paid, and claims currently in the payment process. If you do not see a claim you feel was submitted over 30 days ago or if a claim you submitted over 30 days ago is outstanding, please contact UMR at 888-438-9135 or umr-crbginquiry@umr.com.

Medical Dental Pharmacy

Search and view your medical claims. You can filter your search by persons covered, claim status, time period or service date to find a specific claim.

Person ⓘ
Rosie Compass 02/...

Status
All

Time period
Last 24 months

Service date range:
From (mm/dd/yyyy) - To (mm/dd/yyyy)
MM/DD/YYYY - MM/DD/YYYY

Apply Clear filters

Filter results here

Download Print Definitions

Claim number ▾	Name ▾	Provider ▾	Service date ▾	Billed amount ▾	Plan pays ▾	You pay ▾	Status ▾	View
2401				\$100.00	\$0.00	\$0.00	Completed	EOB
2301				\$50.00	\$0.00	\$50.00	Completed	EOB
TOTALS				\$150.00	\$0.00	\$50.00		



Step 5:

You can click on your claim number to view more details and click **EOB** to view your EOB. EOBs will open in a new window — make sure pop-ups are enabled.



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My account ▾

Claims ▾Coverage and benefits ▾Find costs and care ▾Health center ▾Pharmacy ▾

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Person ⓘ
Rosie Compass 02/...

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Time period
Last 24 months

Service date range:
From (mm/dd/yyyy) - To (mm/dd/yyyy)
MM/DD/YYYY - MM/DD/YYYY

ApplyClear filters

Filter results here 🔍

[Download](#) [Print](#) [Definitions](#)

Claim number ▾	Name ⇅	Provider ⇅	Service date ⇅	Billed amount ⇅	Plan pays ⇅	You pay ⇅	Status ⇅	View
2401				\$100.00	\$0.00	\$0.00	Completed	EOB
2301				\$50.00	\$0.00	\$50.00	Completed	EOB
TOTALS				\$150.00	\$0.00	\$50.00		