Health Care Cost Tools

Standard Option

Compass Rose
Health Plan

We're committed to helping you get the most out of your health care budget. That's why we provide tools and resources to help you estimate your out-of-pocket costs and make informed decisions about your health care spending.

Health Care Savings

When it comes to your health care, it pays to be prepared. As a Compass Rose Health Plan member, you can estimate costs for care and procedures using **UMR's Health Cost Estimator**. This online tool helps you find:

- Average costs for care in your network, including providers, hospitals, mental health services, labs, emergency care, and more.

- Average costs for specific treatments in your area.

- Quality ratings and reviews for providers, hospitals, and facilities.

Estimate your costs by signing in to myCompass at **member.compassrosebenefits.com** and clicking **Go to UMR**.

Prescription Drug Costs

If you are looking for ways to save on your medication, Optum Rx® can help. With the **Optum Rx Drug Pricing Tool**, you can look up medication costs and view lower cost alternatives, like generics. Optum Rx also finds other ways to save with priority pricing, which helps you find a network pharmacy or switch to home delivery for lower copays.

View costs and manage your medications by signing into your account via:

- **myCompass**: **member.compassrosebenefits.com**
- **Compass Rose's Optum Rx website**: **compassrosebenefits.com/OptumRx**
- **Optum Rx mobile app**: Search Optum Rx in your device's app store

Finding the Right Provider

Did you know you have lower office visit copays when you visit a Premium Care Physician for primary and specialty care? Premium Care Physicians help ensure you receive quality and efficient care and can be found through our provider directory. Search online at **compassrosebenefits.com/UHC** and look for two blue hearts.

Manage Your Health Care Costs

Access these health care cost tools and check your financial dashboard by scanning the QR code or visiting **member.compassrosebenefits.com**.