



Compass Rose  
Benefits Group

# Age Well with Compass Rose

Your wellbeing matters to us.



Compass Rose Benefits Group is on a mission to help support our members as they age. We want to equip you and your loved ones with the tools you need to live a long and fulfilling life — on your own terms.

The Aging Well program is a free service that connects you with a dedicated resource coordinator. Together, you can work to create your personal aging well strategy.

## With the Aging Well program, you get:



### Support

Ongoing support for  
your health & wellness



### Resources

Access to educational  
tools & resources



### Experts

Professionals to help  
you achieve your goals



### Planning

Help developing your  
aging well strategy

Thank you for being a part of the Compass Rose Benefits Group family! We are committed to connecting you with the support you deserve and helping you achieve what is most important to you as you age.



Scan the QR code or learn more at:  
[compassrosebenefits.com/AgingWell](https://compassrosebenefits.com/AgingWell)

## Connect with Us

[agingwell@compassrosebenefits.com](mailto:agingwell@compassrosebenefits.com)  
(866) 368-7227 (option 6)  
9 a.m. to 5 p.m. ET, Monday - Friday

