Compass Rose Health Plan: Standard Option Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: EPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure RI 72-007 that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at <a href="https://www.healthcare.gov/sbc-glossary">www.compassrosebenefits.com/brochure</a>, and view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> You can call 888-438-9135 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$500 PPO Self Only \$1,000 PPO Self Plus One \$1,000 PPO Self and Family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. Copayments and coinsurance amounts do not count toward your deductible, which generally starts over January 1. When a covered service/supply is subject to a deductible, only the Plan allowance for the service/supply counts toward the deductible. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your <u>deductible</u> ?	Yes. PPO preventive care, PPO professional services of physicians in a physician's office, emergency services/accidents, prescriptions.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$9,000 PPO Self Only; \$18,000 PPO Self Plus One or Self and Family for you or any covered family member combined; Pharmacy Network providers are included in PPO limit	The out-of-pocket limit, or catastrophic maximum, is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billing charges, healthcare this plan	Even though you pay these expenses, they don't count toward the out-of-pocket limit.



	doesn't cover, expenses for dental care, noncompliance penalties	
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.compassrosebenefits.com/uhc">https://www.compassrosebenefits.com/uhc</a> or call 888-438-9135 for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What Y	ou Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$10/visit for provider with premium designation; \$25/visit for provider without premium designation; Deductible does not apply	Not Covered	None
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist</u> visit	\$30/visit for provider with premium designation; \$70/visit for provider without premium designation; Deductible does not apply	Not Covered	None
	Preventive care/screening/ immunization	No Charge; <u>Deductible</u> does not apply	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	30% coinsurance	Not Covered	None
_	Imaging (CT/PET scans, MRIs)	30% coinsurance	Not Covered	None

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Generic drugs	\$5/prescription for retail; \$10/prescription for mail order; <u>Deductible</u> does not apply	Not Covered	Price for retail pharmacy is for up to a 30-	
If you need drugs to treat your illness or condition More information about	Preferred brand drugs	40% of the plan cost up to a max of \$400, for retail; 40% of the plan cost up to a max of \$800, for mail order; Deductible does not apply	Not Covered	day supply (you can receive a 90-day supply of maintenance medications at Walgreens and CVS retail stores for the same cost as mail order); Price for mail order is for a 90-day supply	
prescription drug	Non-preferred brand drugs	100% coinsurance	Not Covered		
coverage is available at compassrosebenefits.com/formulary	Specialty drugs	Generic-50% of the plan cost up to a max of \$500; Formulary-50% of the plan cost up to max of \$1,000; Non-Formulary-100% coinsurance Deductible does not apply	Not Covered	Price is for up to a 30-day supply; Must be obtained through Optum Specialty Pharmacy	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	Not Covered	None	
<b>,</b>	Physician/surgeon fees	30% <u>coinsurance</u>	Not Covered		
If you need immediate	Emergency room care	\$500/visit; <u>Deductible</u> does not apply	\$500/visit; <u>Deductible</u> does not apply	Copayment is waived if admitted to the hospital	
medical attention	Emergency medical transportation	30% coinsurance	30% coinsurance	None	
	<u>Urgent care</u>	\$50/visit; <u>Deductible</u> does not apply	Not Covered	Copayment is waived if admitted to the hospital	
	Facility fee (e.g., hospital room)	30% coinsurance	Not Covered	Prior authorization required (maximum	

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
If you have a hospital stay	Physician/surgeon fees	30% coinsurance	Not Covered	\$500 penalty)	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	30% coinsurance	Not Covered	25-visit maximum per calendar year for residential treatment services and other outpatient services, including: partial hospitalization, half-way house, full day hospitalization or facility based intensive outpatient treatment. Prior authorization required for residential treatment services and partial hospitalization (maximum \$500 penalty)	
	Inpatient services	30% <u>coinsurance</u>	Not Covered	Prior authorization required (maximum \$500 penalty)	
	Office visits	30% coinsurance	Not Covered	None	
	Childbirth/delivery professional services	30% coinsurance	Not Covered	None	
If you are pregnant	Childbirth/delivery facility services	30% <u>coinsurance</u>	Not Covered	Prior authorization required if hospital stay goes beyond 48 hours for a vaginal delivery and 96 hours for a cesarean delivery or if newborn stays after mother's discharge (maximum \$500 penalty). Non-routine maternity services may have applicable copayment/coinsurance applied.	
If you need help recovering or have other special health needs	Home health care	30% coinsurance	Not Covered	25-visit maximum per calendar year; Prior authorization required after 12 <sup>th</sup> visit (maximum \$500 penalty)	
	Rehabilitation services	30% coinsurance	Not Covered	25 total combined outpatient physical,	
	Habilitation services	30% coinsurance	Not Covered	occupational and speech therapy visits per calendar year; Prior authorization required after first 12 visits (maximum \$500 penalty)	
	Skilled nursing care	Not Covered	Not Covered	None	

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Durable medical equipment	30% coinsurance	Not Covered	Prior authorization is required for items costing \$500 or more to rent or \$1,500 or more to purchase (maximum \$500 penalty)	
	Hospice services	30% coinsurance	Not Covered	Prior authorization required (maximum \$500 penalty)	
	Children's eye exam	No charge; <u>Deductible</u> does not apply	Not Covered	None	
If your child needs	Children's glasses	Charges in excess of \$100 annual maximum	Charges in excess of \$100 annual maximum	None	
dental or eye care	Children's dental check-up	Charges in excess of \$39, twice per year	Charges in excess of \$39, twice per year	The Plan covers \$39 twice a year for routine oral examinations, including x-rays, cleaning, diagnosis and preparation of a treatment plan. These expenses are not included in the out-of-pocket limit.	

### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your FEHB Plan brochure for more information and a list of any other excluded services.)		
Cosmetic Surgery	<ul> <li>Hearing aids</li> </ul>	<ul> <li>Private duty nursing</li> </ul>
Custodial Care	<ul> <li>Long term care</li> </ul>	<ul> <li>Routine foot care</li> </ul>

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your FEHB Plan brochure.)

- Acupuncture for anesthesia and pain relief up to a maximum of 12 visits per calendar year
- Bariatric surgery when an Optum Bariatric Resource Services program provider is used
- Chiropractic care up to a maximum of 12 visits per calendar year
- Dental care (Adult) limited to \$39 twice a year for routine oral examinations
- Infertility treatment up to \$1,000 per calendar year. Three cycles of drugs and medical services related to artificial insemination and three cycles for in-vitro fertilization related drugs
- Non-emergency care when traveling outside the U.S. See www.compassrosebenefits.com/brochure
- Routine eye care (Adult) limited to \$100 a year
- Weight loss programs limited to 4 nutritional counseling sessions per year

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 888-438-9135 or visit <a href="www.opm.gov.insure/health">www.opm.gov.insure/health</a>. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or

temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact: 888-438-9135.

### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 888-438-9135.

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 888-438-9135.

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 888-438-9135.

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 888-438-9135.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$500
Specialist copayment	\$30
■ Hospital (facility) <u>copayment</u>	\$400
Other coinsurance	30%

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
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## In this example, Peg would pay:

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Cost Sharing		
<u>Deductibles</u>	\$500	
Copayments	\$20	
Coinsurance	\$3,700	
What isn't covered		
Limits or exclusions	\$20	
The total Peg would pay is	\$4,240	

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$500
Specialist copayment	\$30
■ Hospital (facility) <u>copayment</u>	\$400
Other <u>coinsurance</u>	30%

### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600

### In this example, Joe would pay:

Cost Sharing	
<u>Deductibles</u>	\$350
Copayments	\$130
Coinsurance	\$1,630
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$2,130

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

<ul> <li>The plan's overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>copayment</u></li> <li>Other coinsurance</li> </ul>	\$500 \$30 \$400	
		30%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

## In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$500
Copayments	\$420
Coinsurance	\$630
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,550