



Compass Rose
Benefits Group

Aging Well with Compass Rose

Support for living well, on your terms.

Whether you're looking for ways to stay active and independent, planning for future needs, or supporting a loved one, the Aging Well program is here to help.

This free program connects you with a dedicated resource coordinator who can help you identify your priorities, find resources, and create a personal plan.



Compass Rose is here to help you make the most of every stage of life, with resources and guidance to support what matters most to you.



To learn more, scan the QR code or visit
compassrosebenefits.com/AgingWell

Connect with Us

agingwell@compassrosebenefits.com
866-368-7227 (option 6)
9 a.m. to 5 p.m. ET, Monday - Friday

With the Aging Well program, you get:



Personalized Support

One-on-one guidance from a dedicated resource coordinator



Helpful Resources

Educational information and tools to support your goals



Community Guidance

Assistance exploring resources available in your area



An Aging Well Strategy

Support creating an aging well strategy that fits your needs and priorities